

## Chapel Hill Athletics Track and Field –Dual Meet Info

### *Visiting Team Information*

Please enter from W 10<sup>th</sup> street. Track stadium is on the West end of the Chapel Hill building.

Bus drop-off is at the main gate on North end of the track. Parents and friends may park on the North end of the track

Admission \$4.00 for adults, \$2.00 for seniors/students, \$10.00 for a family (immediate).

### **Chapel Hill 7<sup>th</sup> and 8<sup>th</sup> Grade Center Track & Field Order of Events**

Field Events	5 entrants per team/dual meet
Girls-Shot	located behind concession stand/main stands
Boys-Discus	located behind the main stands -North
Girls-Discus	located behind the main stands -North
Boys-Shot	located behind concession stand/main stands
Girls-High Jump	South end of the track
Boys-Long Jump	North end of the track (West pit)
Girls-Long Jump	North end of the track (West pit)
Boys High Jump	South end of the track
<i>NO Pole Vault</i>	

### Running Events (order)

Girls 100 M Low Hurdles	4 entrants/dual meet
Boys 110 M Low Hurdles	4 entrants/dual meet
Girls 100 M Dash	4 entrants/dual meet
Boys 100 M Dash	4 entrants/dual meet
Girls 1600 Run	Combined if agreed prior to start of meet by coaches
Boys 1600 Run	Combined if agreed prior to start of meet by coaches
Girls 4x100 Relay	1 scoring team (please match uni's)
Boys 4x100 Relay	1 scoring team (please match uni's)
Girls 400 M Dash	4 entrants/dual meet
Boys 400 M Dash	4 entrants/dual meet
Girls 800 M Run	unlimited—within safety guidelines
Boys 800 M Run	unlimited—within safety guidelines
Girls 200 M Dash	4 entrants/dual meet
Boys 200 M Dash	4 entrants/dual meet
Girls 2400 M Run	Combined if agreed prior to start of meet by coaches
Boys 2400 M Run	Combined if agreed prior to start of meet by coaches
Girls 4x400 Relay	1 scoring team (please match uni's)
Boys 4x400 Relay	1 scoring team (please match uni's)

## Meet Information

Please limit all participants to 4 events.

100 H, 110H, 100, 200, and 400 will run 2 heats.  
1<sup>st</sup> heat scoring & 2<sup>nd</sup> heat exhibition

¼” spikes or racing flats/trainers only

High Jump for the girls will start at 4’  
High Jump for boys will start at 4’6”

Long Jump participants will get three jumps.  
Discus and Shot participants will get three throws.  
Shot - 4K implement for both boys and girls.

Scoring for dual meet

1<sup>st</sup>-5

2<sup>nd</sup>-3

3<sup>rd</sup>-1

Relays- 1<sup>st</sup> 5

4x400 Lead leg will remain in lane for entire 400. Exchange in lane and 2<sup>nd</sup> runner can cut in after turn two. (Marked by cone and dashed line)  
California style exchange for the 4x400 relay legs 3,4

Absolutely NO spectators allowed on the track or the infield.

Athletes are asked to exit track through finish line gate and remain clear of the running surface unless competing. (Warm-up time will be provided)

Any questions please contact:

Brian Kendall, Athletic Director  
988-8829 or [brian.kendall@wayne.k12.in.us](mailto:brian.kendall@wayne.k12.in.us)